

TRACK YOUR OT CEUS

NAME: _____

RENEWAL _____
CYCLE[illegible]

PDU IS 1 UNIT FOR EACH HOUR OF A COURSE; DIFFERENT UNITS FOR ITEMS SUCH AS PUBLISHING AN ARTICLE OR INDEPENDENT STUDY ARE PROVIDED BY NBCOT OR STATE LICENSING BOARD. EX: 12 HOUR COURSE IS 12 PDUS; WRITING 1 ARTICLE IS 5 PDUS

CONTACT HOUR IS 1 UNIT FOR EACH HOUR OF A COURSE. EX: 12 HOUR COURSE IS 12 CONTACT HOURS

CEU IS .10 OF EVERY HOUR OF A COURSE. EX: 12 HOUR COURSE IS 1.2 CEUS; MULTIPLE CONTACT HOURS BY .1